Coverage for: Individual + Family | Plan Type: CDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, <a href="https://eoc.anthem.com/eocdps/aso">https://eoc.anthem.com/eocdps/aso</a>. For general definitions of common terms, such as <a href="allowed amount">allowed amount</a>, <a href="balance billing">balance billing</a>, <a href="coinsurance">coinsurance</a>, <a href="coinsurance">copayment</a>, <a href="deductible">deductible</a>, <a href="provider">provider</a>, or other <a href="underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="www.healthcare.gov/sbc-glossary/">www.healthcare.gov/sbc-glossary/</a> or call (855) <a href="255-9952">255-9952</a> to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,500/individual contract or \$5,000/family contract for In- Network Providers. \$2,500/individual contract or \$5,000/family contract for Out- of-Network Providers.	Deductible resets January 1. Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay. Deductible is non-embedded.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> for In- <u>Network Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$3,000/individual contract or \$6,000/family contract for In- Network Providers. \$5,000/individual contract or \$10,000/family contract for Out-of-Network Providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Services deemed not medically necessary by Medical Management and/or Anthem, Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, BlueCard PPO. See  www.anthem.com or call (855) 255-9952 for a list of network	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan

	providers.	pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	0% <u>coinsurance</u>	30% coinsurance	none
If you visit a	Specialist visit	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
health care provider's office or clinic	Preventive care/screening/immunization	No charge	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	0% coinsurance	30% coinsurance	none
	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.caremark.com	Tier 1 - Typically Generic	Retail \$10 copay after deductible; Mail Order \$20 after deductible	Not Covered	Provider means pharmacy for purposes of this section. Retail: Up to a 30-day supply Mail-Order: Up to a 90-day supply.
	Tier 2 - Typically <u>Preferred</u> / Brand	Retail \$40 copay after deductible; Mail Order \$80 after deductible	Not Covered	You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a Pre-Notification requirement or may result in a higher cost. If you use a non-network Pharmacy, you are responsible for any amount over the allowed amount. You may be required to use a lower cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. Tier 1 Contraceptives covered at No Charge. See the website listed for information
	Tier 3 - Typically Non- <u>Preferred</u> / <u>Specialty Drugs</u>	Retail \$60 copay after deductible; Mail Order \$120 after deductible	Not Covered	
	Tier 4 - Typically <u>Specialty</u> (brand and generic)	25% coinsurance after deductible (\$150 max)_for Retail through Specialty Pharmacy, 30 day limit	Not Covered	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/aso">https://eoc.anthem.com/eocdps/aso</a>.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				on drugs covered by your plan. Not all drugs are covered.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u>	30% coinsurance	none
outpatient surgery	Physician/surgeon fees	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
If you need	Emergency room care	0% <u>coinsurance</u>	Covered as In-Network	none
immediate medical attention	Emergency medical transportation	0% <u>coinsurance</u>	Covered as In- <u>Network</u>	none
inedical attention	<u>Urgent care</u>	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
If you have a	Facility fee (e.g., hospital room)	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
hospital stay	Physician/surgeon fees	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
If you need mental health, behavioral health, or substance	Outpatient services	0% <u>coinsurance</u>	30% coinsurance	Office Visitnone Other Outpatientnone
abuse services	Inpatient services	0% <u>coinsurance</u>	30% <u>coinsurance</u>	none
	Office visits	0% <u>coinsurance</u>	30% coinsurance	
If you are pregnant	Childbirth/delivery professional services	0% <u>coinsurance</u>	30% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	0% <u>coinsurance</u>	30% coinsurance	
	Home health care	0% <u>coinsurance</u>	30% coinsurance	200 visits/benefit period including private duty nursing.
If you need help	Rehabilitation services	0% <u>coinsurance</u>	30% coinsurance	*See Therapy Services section
recovering or have	Habilitation services	0% <u>coinsurance</u>	30% coinsurance	
other special	Skilled nursing care	0% <u>coinsurance</u>	30% <u>coinsurance</u>	180 days limit/benefit period.
health needs	Durable medical equipment	0% <u>coinsurance</u>	30% coinsurance	*See <u>Durable Medical Equipment</u> Section
	Hospice services	0% <u>coinsurance</u>	Covered as In- <u>Network</u>	none
If your child	Children's eye exam	0% <u>coinsurance</u>	Not covered	*See Vision Services section
needs dental or	Children's glasses	Not covered	Not covered	See vision services section
eye care	Children's dental check-up	Not covered	Not covered	*See Dental Services section

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#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Bariatric surgery
- Dental Check-up
- Infertility treatment
- Routine foot care unless you have been diagnosed with diabetes.
- Cosmetic surgery
- •
- Long- term care
- Weight loss programs

- Dental care (adult)
- Glasses for a child
- •

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Hearing aids \$2,500 maximum once every three years.
- •
- Most coverage provided outside the United States. See <u>www.bcbsglobalcore.com</u>
- Chiropractic care 12 visits/benefit period.
- Private-duty nursing 82 visits/benefit period including home health care.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://mww.healthCare.gov">Marketplace</a>. For more information about the <a href="https://mww.healthCare.gov">Marketplace</a>, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 105568, Atlanta GA 30348-5568

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby months of in-network pre-natal care ar

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$2,500
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

# This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services

<u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

In this example, Peg would pay:

<u> </u>			
Cost Sharing			
<u>Deductibles</u>	\$2,500		
Copayments	<b>\$4</b> 0		
<u>Coinsurance</u>	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$2,600		

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,500
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

The total Joe would pay is

**Prescription drugs** 

**Total Example Cost** 

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
<u>Cost Sharing</u>		
<u>Deductibles</u>	\$2,500	
Copayments	\$500	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$55	

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist coinsurance	0%
■ Hospital (facility) <u>coinsurance</u>	0%
Other coinsurance	0%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

\$3,055

**Durable medical equipment** (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
In this example, Mia would pay:	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$1,900
Copayments	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,900

### It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>. Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">https://www.hhs.gov/ocr/office/file/index.html</a>.