#### Bethel PPO Choice Plus 7EM Plan

Coverage Period: 1/01/2023 – 12/31/2023

Coverage for: Family | Plan Type: PS1

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-633-2446.or visit <u>welcometouhc.com</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

| Important Questions  | Answers  | Why This Matters:  |
|--|--|--|
| What is the overall deductible?                                      | Network: \$100 Individual / \$200 Family Non-Network: \$250 Individual / \$500 Family Per calendar year.   | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . Deductible resets January 1.   |
| Are there services covered before you meet your deductible?          | Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .  | This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered services at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .   |
| Are there other deductibles for specific services?                   | No.  | You don't have to meet <u>deductibles</u> for specific services.   |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | Network: \$1,000 Individual / \$2,000 Family Non-Network: \$2,000 Individual / \$4,000 Family Per calendar year. Prescription drugs have a separate limit of \$3,000 single /\$6,000 family In-network & out- of-network combined. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.  |
| What is not included in the <u>out-of-pocket limit</u> ?             | <u>Premiums</u> , <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover and penalties for failure to obtain <u>preauthorization</u> for services.   | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> limit.  |
| Will you pay less if you use a <u>network provider</u> ?             | Yes. See <u>myuhc.com</u> or call <b>1-866-633-2446</b> for a list of <u>network providers</u> .   | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?           | No.  | You can see the specialist you choose without a referral.  |



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

|   |  | What You Will Pay  |  |   |  |
|---|--|--|--|---|--|
| Common<br>Medical Event                                       | Services You May Need                            | Network Provider<br>(You will pay the least)                         | Out-of-Network<br>Provider<br>(You will pay the<br>most) | Limitations, Exceptions, & Other Important Information  |  |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | 20% <u>coinsurance</u>                                   | Virtual visits (Telehealth) - \$15 <u>copay</u> per visit by a Designated Virtual <u>Network Provider</u> , <u>deductible</u> does not apply. No virtual coverage out-of- <u>network</u> If you receive services in addition to office visit, additional <u>copay</u> s, <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery. |  |
|   | Specialist visit                                 | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | 20% <u>coinsurance</u>                                   | If you receive services in addition to office visit, additional copays, deductibles or coinsurance may apply e.g. surgery.  |  |
|   | Preventive care/screening/<br>immunization       | No Charge  | Not Covered  | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. No coverage out-of-network  |  |
| If you have a test  | <u>Diagnostic test</u> (x-ray, blood work)       | No Charge  | 20% <u>coinsurance</u>                                   | <u>Preauthorization</u> is required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> .  |  |
|   | Imaging (CT/PET scans, MRIs)                     | No Charge  | 20% <u>coinsurance</u>                                   | <u>Preauthorization</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> .   |  |

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

| Common<br>Medical Event   | Services You May Need                  | What You V<br>Network Provider<br>(You will pay the least)  | Vill Pay Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information  |
|---|--|---|--|---|
| f you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.caremark.com | Tier 1 – Your Lowest Cost<br>Option    | Retail: \$10 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$20 <u>copay</u> , <u>deductible</u> does not apply.   | Not Covered  |   |
|   | Tier 2 – Your Mid-Range<br>Cost Option | Retail: 25% coinsurance but not less than \$15 and not more than \$35, deductible does not apply. Mail-Order: 17% coinsurance but not less than \$30 and not more than \$70, deductible does not apply. | Not Covered  | Provider means pharmacy for purposes of this section. Retail: Up to a 30-day supply Mail-Order: Up to a 90-day supply You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a Pre-Notification requirement or may result in a higher cost. If you use a non-network pharmacy, you are responsible for any amount over the allowed amount. You may be required to use a lower- |
|   | Tier 3 – Your Mid-Range<br>Cost Option | Retail:<br>\$45 <u>copay</u> , <u>deductible</u><br>does not apply.<br>Mail-Order:<br>\$90 <u>copay</u> , <u>deductible</u><br>does not apply.  | Not Covered  | cost drug(s) prior to benefits under your policy being available for certain prescribed drugs.  Tier 1 contraceptives covered at No Charge. See websilisted for information on drugs charged by your plan.  Not all drugs are covered.  |
|   | Tier 4 – Your Highest Cost<br>Option   | Retail: 30% coinsurance, deductible does not apply, OR \$0 with Prudent RX Mail-Order: Not Covered  | Not Covered  |   |

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{welcometouhc.com}}.$ 

|  |  | What You Will Pay   |  |  |  |
|--|--|---|--|--|--|
| Common<br>Medical Event  | Services You May Need                          | Network Provider<br>(You will pay the least)                              | Out-of-Network<br>Provider<br>(You will pay the<br>most)             | Limitations, Exceptions, & Other Important Information   |  |
| If you have  | Facility fee (e.g., ambulatory surgery center) | No Charge   | 20% <u>coinsurance</u>   | <u>Preauthorization</u> is required out-of- <u>network</u> for certain services or benefit reduces to 50% of <u>allowed amount</u> .   |  |
| outpatient surgery   | Physician/surgeon fees                         | No Charge   | 20% <u>coinsurance</u>   | None   |  |
| If you need  | Emergency room care                            | \$75 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply.      | \$75 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | None   |  |
| immediate medical  | Emergency medical transportation               | No Charge   | No Charge  | None   |  |
| attention  | <u>Urgent care</u>                             | \$35 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply.      | 20% <u>coinsurance</u>   | If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.   |  |
| If you have a hospital stay  | Facility fee (e.g., hospital room)             | \$250 <u>copay</u> per<br>admission, <u>deductible</u><br>does not apply. | 20% <u>coinsurance</u>   | <u>Preauthorization</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> .  |  |
| Sidy   | Physician/surgeon fees                         | No Charge   | 20% <u>coinsurance</u>   | None   |  |
| If you need mental<br>health, behavioral<br>health, or substance<br>abuse services | Outpatient services                            | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply.      | 20% <u>coinsurance</u>   | Network Partial hospitalization/intensive outpatient treatment: 0% coinsurance Preauthorization is required out-of-network for certain services or benefit reduces to 50% of allowed amount.             |  |
|  | Inpatient services                             | \$250 <u>copay</u> per<br>admission, <u>deductible</u><br>does not apply. | 20% <u>coinsurance</u>   | Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.   |  |
|  | Office visits                                  | No Charge   | 20% <u>coinsurance</u>   | Cost sharing does not apply for preventive services.   |  |
| If you are pregnant  | Childbirth/delivery professional services      | No Charge   | 20% <u>coinsurance</u>   | Depending on the type of service a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) |  |
|  | Childbirth/delivery facility services          | \$250 <u>copay</u> per<br>admission, <u>deductible</u><br>does not apply. | 20% <u>coinsurance</u>   | Inpatient preauthorization applies out-of-network if stay exceeds 48 hours (C-Section: 96 hours) or benefit reduces to 50% of allowed amount.  |  |
|  | Home health care                               | No Charge   | 20% <u>coinsurance</u>   | Limited to 60 visits per calendar year.  |  |

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{welcometouhc.com}}.$ 

|   |                            | What You Will Pay  |  |  |  |
|---|----------------------------|--|--|--|--|
| Common<br>Medical Event   | Services You May Need      | Network Provider<br>(You will pay the least)                         | Out-of-Network<br>Provider<br>(You will pay the<br>most) | Limitations, Exceptions, & Other Important Information   |  |
|   |                            |  |  | <u>Preauthorization</u> is required out-of- <u>network</u> or benefit reduces to 50% of <u>allowed amount</u> .  |  |
| If you need help<br>recovering or have<br>other special health<br>needs | Rehabilitation services    | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | 20% <u>coinsurance</u>                                   | Any combination of outpatient rehabilitation services is limited to 50 visits per calendar year.  Preauthorization required out-of-network for certain services or benefit reduces to 50% of allowed amount. |  |
|   | Habilitative services      | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | 20% <u>coinsurance</u>                                   | Services are provided under and limits are combined with Rehabilitation Services above.  Preauthorization required out-of-network for certain services or benefit reduces to 50% of allowed amount.          |  |
|   | Skilled nursing care       | No Charge  | 20% <u>coinsurance</u>                                   | Skilled Nursing is limited to 120 days per calendar year. Inpatient rehabilitation limited to 300 days.  Preauthorization is required out-of-network or benefit reduces to 50% of allowed amount.            |  |
|   | Durable medical equipment  | 20% <u>coinsurance</u>   | 50% <u>coinsurance</u>                                   | Covers 1 per type of DME (including repair/replacement) every 3 years.  Preauthorization is required out-of-network for DME over \$1,000 or benefit reduces to 50% of allowed amount.                        |  |
|   | Hospice services           | No Charge  | 20% <u>coinsurance</u>                                   | <u>Preauthorization</u> is required out-of- <u>network</u> before admission for an Inpatient Stay in a hospice facility or benefit reduces to 50% of <u>allowed amount</u> .                                 |  |
| If your child needs<br>dental or eye care                               | Children's eye exam        | \$15 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply. | Not Covered  | Limited to 1 exam every year. No coverage out-of-network.  |  |
|   | Children's glasses         | Not Covered  | Not Covered  | No coverage for Children's glasses.  |  |
|   | Children's dental check-up | Not Covered  | Not Covered  | No coverage for Children's Dental check-up.  |  |

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{welcometouhc.com}}.$ 

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care
- Glasses

- Infertility treatment
- Long-term care
- Non-emergency care when travelling outside the U.S.
- Private duty nursing
- Routine foot care Except as covered for Diabetes
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic (Manipulative care) 50 visits per calendar year combined with Rehabilitation services
- Hearing aids \$2,500 per calendar year
- Routine eye care (adult) 1 exam per year

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.dol.gov/ebsa">Marketplace</a>. For more information about the <a href="https://www.dol.gov/ebsa">Marketplace</a>. visit <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.dol.gov/ebsa">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.dol.gov/ebsa">Marketplace</a>. For more information about the <a href="https://www.dol.gov/ebsa">Marketplace</a>, visit <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-807-2323 x61565 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-807-2323 x61565 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-807-2323 x61565 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-807-2323 x61565 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)  |                              | Managing Joe's type 2 Dia<br>(a year of routine in- <u>network</u> care of<br>controlled condition)   |                              | Mia's Simple Fracture<br>(in- <u>network</u> emergency room visit and<br>follow up care)  |                              |  |
|---|------------------------------|---|------------------------------|---|------------------------------|--|
| <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> <u>copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>   | \$100<br>\$15<br>\$250<br>0% | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>            | \$100<br>\$15<br>\$250<br>0% | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> <u>copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>                 | \$100<br>\$15<br>\$250<br>0% |  |
| This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia) |                              | This EXAMPLE event includes service Primary care physician office visits (includeducation) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical) | uding disease                | This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) |                              |  |
| Total Example Cost  | \$12,800                     | Total Example Cost  | \$7,400                      | Total Example Cost  | \$1,900                      |  |
| In this example, Peg would pay:   |                              | In this example, Joe would pay:   |                              | In this example, Mia would pay:   |                              |  |
| Cost Sharing  |                              | Cost Sharing  |                              | Cost Sharing  |                              |  |
| <u>Deductibles</u>  | \$0                          | <u>Deductibles</u>  | \$100                        | <u>Deductibles</u>  | \$29                         |  |
| <u>Copayments</u>   | \$320                        | <u>Copayments</u>   | \$935                        | <u>Copayments</u>   | \$135                        |  |
| <u>Coinsurance</u>  | \$0                          | <u>Coinsurance</u>  | \$346                        | <u>Coinsurance</u>  | \$7                          |  |
| What isn't covered  |                              | What isn't covered  |                              | What isn't covered  |                              |  |
| Limits or exclusions  | \$160                        | Limits or exclusions  | \$55                         | Limits or exclusions  | \$0                          |  |
| The total Peg would pay is  | \$380                        | The total Joe would pay is  | \$1,436                      | The total Mia would pay is  | \$172                        |  |

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC Civil Rights@uhc.com

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

**Phone:** Toll-free 1-800-368-1019, 800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.